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Former New York Jets Player Tackles the Effects of Drinking

GROTON — Dennis O’Sullivan, former NFL player for the New York Jets, will discuss the negative effects alcohol and drugs have on an athlete’s performance during a presentation entitled “Pure Performance,” at Fitch High School on Wednesday, October 7 from 2:30 to 3:30 p.m.

O’Sullivan works with a number of colleges and institutions spreading a positive message and educating individuals about drug and alcohol abuse. Over 200 Fitch High School student athletes, representing all of the school’s sports teams, will be in attendance at the event.

This event is sponsored by the Groton Adolescent Substance Abuse Prevention Coalition, a Ledge Light Health District program, and is open to the public. For more information contact GASP Coalition Coordinator Michelle Hamilton at mhamilton@ledgelighthd.org or by calling 860-448-4882 x305.

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Ledge Light Health District provides professionally managed comprehensive public health services designed to improve the quality of life and health and safety of its residents. The District service area consists of East Lyme, Groton, Ledyard, New London and Waterford, with a service population of over 120,000.

The Groton Adolescent Substance Abuse Prevention Coalition was formed in July 1999 to address substance abuse in the Groton community among the youth population (12-18 years of age). The coalition represents a collaboration of dedicated local agencies, parents, teens and other interested community members. The GASP Coalition is a Ledge Light Health District health education program funded by the Substance Abuse and Mental Health Services Administration Drug Free Communities grant.