



FOR IMMEDIATE RELEASE

Contact:
Kerensa Mansfield
Community Health Coordinator
860.448.4882 x309
kmansfield@ledgelighthd.org

April 28, 2010

Ledge Light Offers Free Smoking Cessation Program in Groton

GROTON — Ledge Light Health District is providing a free smoking cessation program at the Groton Senior Center.

The smoking cessation program will begin on Wednesday, May 5 from 5 to 7 p.m. at the Groton Senior Center located at 102 Newtown Road, Groton.

The program is eight weeks and provides free smoking cessation aids such as the nicotine replacement patch and/or gum. The program is open to the public.

Additional smoking cessation programs are being scheduled for the upcoming months at different locations throughout the district. To get more information or to register for a program call Community Health Coordinator Kerensa Mansfield at 860-448-4882 ext. 309 or email kmansfield@ledgelighthd.org

-30-

Ledge Light Health District provides professionally managed comprehensive public health services designed to improve the quality of life and health and safety of its residents. The District service area consists of East Lyme, Groton, Ledyard, New London and Waterford, with a service population of over 120,000.