



Ledge Light Health District

Ledge Light Health District was formed in 1993, and currently serves the communities of Groton, Ledyard, New London, and Waterford. Its mission is to provide professional, comprehensive, local public health services to over 100,000 residents. To ensure the safety of the community, Ledge Light Health District activities include:

- Environmental health protection through inspections, and enforcement
- Health education and wellness promotion highlighted by Lyme disease awareness, asthma education and case management, adolescent substance abuse, community health fairs, and serving on local and regional health committees
- Promotion and coordination of access to care for under-served populations with Regional partners for dental care (SMILES), and health insurance coverage (CHAMP), and childhood immunizations
- Public health emergency preparedness to develop and respond to emerging infections or acts of terrorism through local and regional leadership

PUBLIC HEALTH EMERGENCIES: *Answer the Call!*

Volunteer



CADH
CONNECTICUT ASSOCIATION
OF DIRECTORS OF HEALTH, INC.

CONNECTICUT DEPARTMENT OF
PUBLIC HEALTH



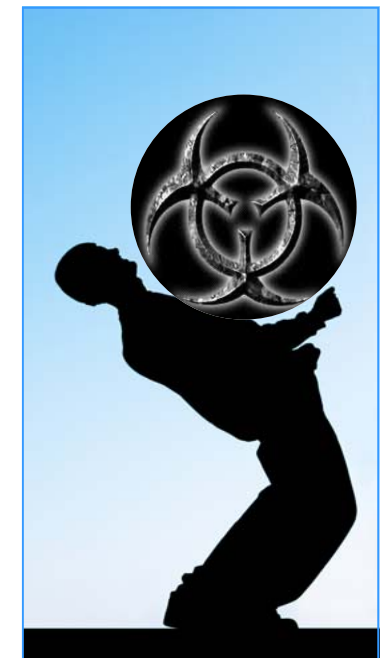
Your Local Health District Needs Your Help!

Public Health Emergencies can sweep across the globe at rates faster than an airplane can travel. Local health departments are responsible for ensuring that each town in our state is prepared to respond to protect the health of our residents in the event of an emergency, whether it be food poisoning, a rapidly spreading disease or a natural disaster. In the case of a widespread outbreak, residents will need to come together to support each other and the community to help lessen the impact of a disease. This will most likely require more resources than your local health district has...so the question is:

Are YOU willing to help your community respond to this threat?

By working together, we can make sure that our community is prepared.

Health departments can't carry the burden of responding to this type of emergency alone...but with your help, WE CAN ALL BE PROTECTED!



How can you help? Volunteer with your local health district!

In Times of Trouble...

Everyone has the potential to provide strength and resources in times of emergency. You don't have to be a medical professional to help during a public health emergency. Many of the tasks that need to be done, like helping your neighbors fill out a form or making sure people get through a clinic quickly and easily, require only a commitment of your time and a desire to help. The donation of your time and effort can be of significant value in an emergency. Volunteers can help to provide essential services to help their community respond to the situation at hand.



Anyone can help...
So Get Involved!

Preparing for Disaster...

Through emergency planning and practicing, local health districts can identify problems before a disaster strikes and be better prepared to respond.

You can help them prepare by:

- Joining a planning committee in your community to prepare the response plan
- Acting as a "patient" during an exercise to test the community's response to a public health threat
- Organizing the resources necessary to prepare for an emergency health clinic
- Preparing communications about upcoming meetings, drills and exercises

Ledge Light Health District

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When Your Community Calls...

In a public health emergency, your health department may need to set up clinics to provide medication or vaccinations to those affected by the disease outbreak. These clinics will need people with a variety of skills in order to accomplish the many tasks associated with operating a clinic.

Some tasks include:

- Collecting forms
- Directing people where they need to go in a clinic
- Distributing information about the outbreak
- Providing supplies to keep clinic staff going



Health districts
provide medication and
vaccinations in
an emergency.

If we all help to perform the necessary tasks, our health district will be prepared to respond to any emergency and protect our community's health!

I want to help...Tell me more!

Please contact me with
information about:

- Volunteer opportunities in preparation for an emergency
- How I can participate in a drill or exercise
- Opportunities for people with medical training

Name _____

Address _____

Phone _____

E-mail _____

I prefer to be contacted via:

- Phone
- Mail
- E-mail

